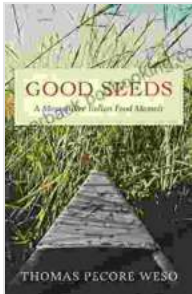


Good Seeds: A Menominee Indian Food Memoir



Good Seeds: A Menominee Indian Food Memoir

by Thomas Pecore Weso

★★★★☆ 4.8 out of 5

Language : English
File size : 1727 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 136 pages



Good Seeds: A Menominee Indian Food Memoir is a powerful and evocative culinary journey that explores the history, culture, and resilience of the Menominee Indian tribe through the lens of food. This deeply personal memoir tells the story of food as a source of sustenance, connection, and healing, capturing the essence of a culture on the brink of revival.

Author and Menominee tribal member Kahentinetha Horn weaves together her own experiences growing up on the reservation with the traditional foodways of her ancestors. She explores the ways in which food has shaped Menominee identity and culture, from the traditional dishes that have been passed down through generations to the contemporary challenges facing Native American communities today.

Horn's writing is lyrical and evocative, bringing to life the flavors, scents, and textures of Menominee cuisine. She vividly describes the traditional methods of preparing wild rice, harvesting maple syrup, and preserving fish and game. Readers will come away with a deep appreciation for the interconnectedness of food, culture, and community.

But *Good Seeds* is more than just a cookbook. It is a story of resilience and survival. Horn chronicles the challenges faced by the Menominee people over the centuries, from forced removal from their ancestral lands to the devastating effects of colonization and assimilation. Through it all, food has remained a constant source of strength and connection for the Menominee people.

Today, the Menominee people are experiencing a cultural revival. They are reclaiming their traditional foodways and using food as a way to connect with their history and culture. *Good Seeds* is a testament to this revival, and it offers a powerful message of hope and renewal.

Whether you are a foodie, a history buff, or simply someone interested in learning more about Native American culture, *Good Seeds* is a must-read. It is a beautiful and moving memoir that will leave you with a lasting appreciation for the power of food to heal, connect, and inspire.

Praise for Good Seeds

"*Good Seeds* is a powerful and evocative memoir that explores the history, culture, and resilience of the Menominee Indian tribe through the lens of food. Horn's writing is lyrical and evocative, and she brings to life the flavors, scents, and textures of Menominee cuisine. Readers will come

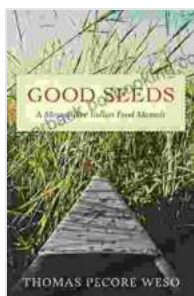
away with a deep appreciation for the interconnectedness of food, culture, and community." —**Publishers Weekly**

"A deeply personal and moving memoir that tells the story of food as a source of sustenance, connection, and healing. Horn's writing is lyrical and evocative, and she brings to life the flavors, scents, and textures of Menominee cuisine. This is a must-read for anyone interested in Native American culture, food, or simply a good story." —**Library Journal**

"Good Seeds is a beautiful and inspiring memoir that celebrates the resilience of the Menominee people. This book is a testament to the power of food to connect us to our history, culture, and community." —**Joy Harjo, US Poet Laureate**

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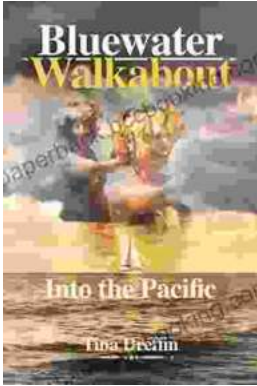
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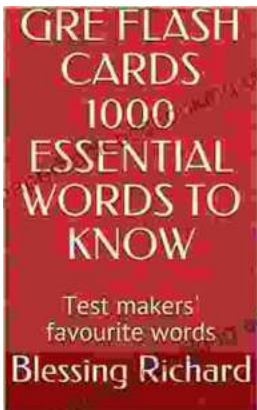
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