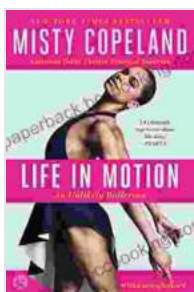


## Life in Motion: An Unlikely Ballerina



Misty Copeland is an inspiration to anyone who has ever dreamed of achieving something that seems impossible. As the first African American woman to be promoted to principal dancer at the American Ballet Theatre, Misty has broken down barriers and paved the way for others to follow in her footsteps.

Misty's journey to the top of the ballet world was not easy. She grew up in a poor neighborhood in Kansas City, Missouri, and began taking ballet lessons at the age of 13. At first, she was not a natural dancer. She was too tall and too muscular, and she had trouble with the technical aspects of ballet. But Misty was determined to succeed. She practiced for hours every day, and she never gave up on her dream.



### **Life in Motion: An Unlikely Ballerina** by Misty Copeland

★★★★☆ 4.7 out of 5

- Language : English
- File size : 11635 KB
- Text-to-Speech : Enabled
- Enhanced typesetting : Enabled
- X-Ray : Enabled
- Word Wise : Enabled
- Print length : 289 pages
- Screen Reader : Supported



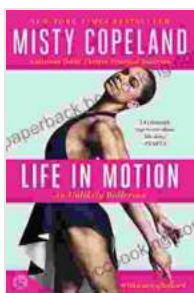
Misty's hard work and dedication eventually paid off. In 2000, she was accepted into the prestigious American Ballet Theatre's Studio Company. In 2006, she was promoted to the corps de ballet, and in 2007, she made history by becoming the first African American woman to be promoted to soloist at the ABT.

Misty's promotion to principal dancer in 2015 was a watershed moment for the ballet world. It showed that anything is possible if you have the determination and the drive to succeed. Misty's story is an inspiration to anyone who has ever been told that they cannot achieve their dreams.

In her memoir, *Life in Motion*, Misty shares her inspiring story with the world. She writes about her childhood, her struggles, and her triumphs. She also offers advice to young dancers who are just starting out on their own journeys.

*Life in Motion* is a must-read for anyone who is interested in ballet, dance, or the power of the human spirit. It is a story of determination, perseverance, and triumph that will leave you feeling inspired and motivated.

**Free Download your copy of *Life in Motion* today!**

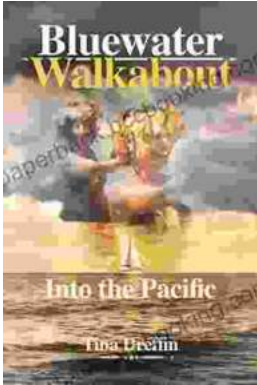


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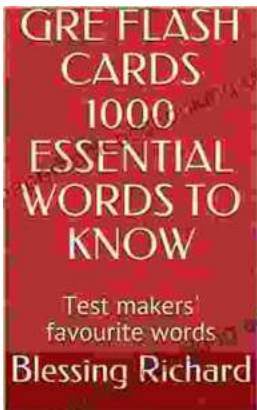
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