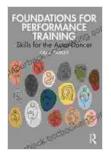
# **Skills for the Actor Dancer**

Are you an actor who wants to dance? Or a dancer who wants to act? If so, then this book is for you.





In *Skills for the Actor Dancer*, acclaimed performer and teacher Susan Stroman shares her insights and expertise to help you develop the essential skills you need to succeed in both disciplines.

This comprehensive guide covers everything from basic dance technique to advanced acting techniques, and it is packed with practical exercises and advice that will help you to:

- Develop your physical and vocal skills
- Create believable and emotionally resonant characters
- Move with grace and fluidity
- Perform with confidence and charisma

Whether you are just starting out in your career or you are a seasoned professional, *Skills for the Actor Dancer* will help you to take your performance to the next level.

#### What's inside?

This book is divided into three parts:

- 1. Part One: The Basics
- 2. Part Two: Intermediate Skills
- 3. Part Three: Advanced Skills

Each part covers a range of topics essential for actor dancers, including:

#### Part One: The Basics

- Dance technique
- Acting technique
- Musicality
- Stage presence

#### Part Two: Intermediate Skills

- Character development
- Storytelling
- Choreography
- Directing

#### Part Three: Advanced Skills

- Advanced dance technique
- Advanced acting technique
- Creating your own work
- Teaching

Each chapter includes practical exercises and advice that will help you to develop your skills and knowledge.

#### Who is this book for?

This book is for anyone who wants to learn more about the art of actor dancing. Whether you are a student, a professional performer, or simply someone who loves to move and express yourself, this book will help you to take your skills to the next level.

If you are serious about pursuing a career in actor dancing, then this book is a must-read. Susan Stroman's insights and expertise will give you the foundation you need to succeed in this demanding and competitive field.

#### About the author

Susan Stroman is an acclaimed performer, director, and choreographer. She has won five Tony Awards, including two for Best Choreography and one for Best Direction of a Musical. Her work has been seen on Broadway, in the West End, and around the world.

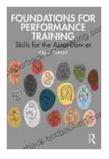
Stroman is a passionate advocate for the art of actor dancing. She believes that actor dancers are unique artists who have the ability to create powerful

and moving performances that can touch the hearts and minds of audiences.

In *Skills for the Actor Dancer*, Stroman shares her insights and expertise to help you develop the skills you need to succeed as an actor dancer. This book is a valuable resource for anyone who is serious about pursuing a career in this field.

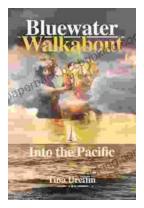
#### Free Download your copy today!

*Skills for the Actor Dancer* is available now at all major bookstores. Free Download your copy today and start developing the skills you need to succeed as an actor dancer.



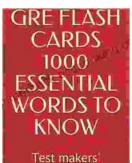
# Foundations for Performance Training: Skills for the Actor-Dancer





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